

Dear Potential YMCA CIT,

**Looking for a new adventure this summer?** Are you thinking about being trapped inside all summer? Do you love kids and summer camp? The YMCA Counselor in Training (CIT) volunteer program may be just the place for you.

Take part in amazing activities with Y camp kids! Be a volunteer YMCA CIT! Y counselors are involved in all aspects of the camp day – from camp-outs to coast trips, play time to rest time and everything in between. You will improve upon your leadership skills by working with children, peers, and camp staff. You will get to attend two trainings to prepare you for a summer like no other. Benefits of this program include: working and playing with kids, learning leadership skills, gaining community service hours and having plenty of summer fun.

Becoming a CIT is easy!

1. You've already taken the first step by reading this.
2. Now, fill out and return the attached application and health form
3. Have a teacher write you a letter of reference.
4. Mark your calendars for the all day retreat on Saturday, June 12<sup>th</sup> , 8:30am-Noon.

**And options for the evening training dates are:**

Tuesday, June 8<sup>th</sup> or Wednesday, June 9<sup>th</sup>

Please deliver or mail completed application packet to:

Holly Kriz-Anderson  
Eugene Family YMCA  
2055 Patterson Street  
Eugene, OR 97405

If you have any questions, please feel free to call me at the YMCA at 686-9622 or email [holly@eugeneymca.org](mailto:holly@eugeneymca.org)

Holly Kriz-Anderson  
Youth Development Director

## **CIT JOB DESCRIPTION:**

CIT's are responsible for small groups of children under the leadership of their Camp Director. They will help with every phase of the camp program including group projects, songs, hiking, swimming, crafts, sports, nature study, lunch, and any scheduled overnights. There is a \$15 registration fee per week for CIT's. Camps begin June 21st and end September 2, 2010.

## **CAMP DESCRIPTIONS:**

### **RAINBOW DAY CAMP** Age 2 ½ -4 & **FRIENDS DAY CAMP** Ages 4-Entering K

Activities are based in the Y and focus on a special theme for each session. Activities include; picnics, field trips, music, art and swimming.

### **EXPLORER CAMP** Ages 5 - Entering Grade 1

This camp is based at the YMCA where campers do crafts, play games and go on daily field trips. We have a focus on teamwork, building confidence, and having fun! Swimming and crafts will round out each day.

### **VOYAGER DAY CAMP** Entering Grades 2-3

Daily trips are taken to Eugene parks and other locations where children discover nature, learn about themselves, and have fun! Games, songs, crafts, and swimming are some of the summer highlights.

### **DISCOVER/SPORTS SPECTACULAR CAMP** Entering Grades 1-3

Basic sport skills instructions will be offered to these campers. Campers will also participate in group games, swimming, crafts, and will take an adventurous field trip once a week.

### **ADVENTURER DAY CAMP** Entering Grades 4-5

Each week is based on a different theme with daily bus trips. Includes games, crafts, sightseeing, and water activities. This camp is all about traveling and being active! 3 campouts.

### **SUMMER EXTRAVAGANZA DAY CAMP** Entering Grades 4-8

Our crafty camp! Each week of this camp will offer a different theme and a corresponding week long project. Also includes field trips, games and swimming. 2 campouts.

### **TIMBERLAKE RESIDENT CAMP** Entering Grades 4-6, Week of August 22nd –27th

Held at Silver Falls Camp near Salem. This camp is CIT directed with the assistance of three camp staff. Interested CIT's must volunteer during the first five weeks of summer and be chosen by camp staff to participate. Evaluation of CIT involvement is based upon maturity, ability to take direction, and level of commitment to the camp program.

### **THE FIRST TEE (golf)**

### **KITCHEN**

# **COUNSELOR IN TRAINING**

## CIT PROGRAM APPLICATION 2010

Contact Holly at 686-9622, or holly@eugeneymca.org if you have any questions

Name		T-Shirt Size	Age	Birthdate / /
Address		City	Zip	Home Phone Cell Phone
CIT'S Email				
School			Year in School In 2010-11	
Parent/Guardian's Name			Phone Number	
Parent's Email				
Parent/Guardian's Name			Phone Number	
Parent's Email				
Are you a member of the YMCA? Y N		Have you participated in YMCA camp? Y N Camper CIT		
Are you lifeguard certified? Y N		<b>Circle camps you have been a CIT in:</b> Rainbows Friends Explorers Adventures Voyagers Extravaganza Sports Spectatular Y Quest How many years have you been a CIT? _____		
Why do you want to volunteer?				
Name three positive personality traits about yourself that will benefit our program.				
1)				
2)				
3)				
Name three things that you hope to improve upon while being involved in this program.				
1)				
2)				
3)				
List any experience working with children.				
List any hobbies or school activities you participate in.				

What do you want to be when you grow up?	
What should kids get out of a day at summer camp?	
Please list any special needs that you have (example: wheelchair access).	
How did you hear about the YMCA CIT Leadership Program? (circle one)	
Family	Friend      YMCA Mailing      School Paper      Local Newspaper
Other:	
Which training night do you want to attend? Trainings are 6:30-8:30 at the YMCA	
<input type="checkbox"/>	Tuesday, June 8th
<input type="checkbox"/>	Wednesday, June 9th
<b>CIT Statement: Please Read and Sign</b>	

In applying to the Eugene Family YMCA Counselor in Training Leadership Program, I understand that applicants are selected based on the following criteria:

- Showed Interest, emotional maturity and enthusiasm.
- Completed CIT applications and Contract Form
- Attendance and performance at training sessions.
- Letter of Reference from Teacher

I also understand that I MUST turn in a Medical/Health form and that if I am under 18 years old that this health form must be signed by my parent or legal guardian. In addition, I agree to pay the \$15 program fee for each week I commit to volunteer with the YMCA CIT Program, and that it will be paid by the Monday of my first camp.  
(Scholarships are available for the program fee.)

Youth Signature	Date
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**Parent/Guardian's Statement**

I have read through the above application and am recommending my child to the YMCA CIT program. I understand that the YMCA CIT program is a leadership training program and that my child is ready for this commitment. I look forward to working with the CIT director to help my child be successful.

Please initial your choice

<input type="checkbox"/>	My child is able to <u>check themselves out</u> at the end of the camp day
<input type="checkbox"/>	My child can <u>only be checked out</u> of camp by those on the health form

Parent/Guardian Signature	Date
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**EUGENE FAMILY YMCA**

2055 Patterson Eugene OR 97405 541.686.9622 www.eugeneymca.org

**We build strong kids, strong families, strong communities.**



# YMCA SUMMER CAMP Health Form 2010

## Information and Authorization

<b>YMCA CAMP (circle)</b>					
RB FR EXP VOY SS ADV EXT YQ UK HOR NCU TEN CIT					
<b>Name of Child</b>		<b>Nickname</b>	<b>Gender</b>	<b>Birthday</b>	<b>Age</b>
			B G		
<b>Child's Home Address</b>				<b>Phone Number</b>	
<b>Parent/Guardian Name</b>		<b>Home Address</b>		<b>Phone Number</b>	
<b>Employer</b>		<b>Work hours</b>	<b>Work Phone</b>	<b>Cell Phone</b>	
<b>Parent/Guardian Name</b>		<b>Home Address</b>		<b>Phone Number</b>	
<b>Employer</b>		<b>Work Hours</b>	<b>Work Phone</b>	<b>Cell Phone</b>	
<b>Child's Doctor</b>		<b>Address</b>		<b>Phone Number</b>	
<b>Child's Dentist</b>		<b>Address</b>		<b>Phone Number</b>	

**Besides those listed above, the following people are authorized to pick up my child**

Please contact this person  
in case of an emergency

Name	Relationship	Phone	Yes	No

<b>My child has allergies</b>	<b>Yes</b>		<b>No</b>	
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List:	
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<b>My child needs a car seat/booster</b>	<b>Yes</b>		<b>No</b>	
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	weight		age	
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<b>Child has a physical, developmental condition, chronic illness or other problem?</b>
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Explain:
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<b>Up to Date Immunizations</b>	<b>Yes</b>		<b>No</b>	
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	Date of last Tetanus		Date of Last DTP	
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<b>Current Medication</b>
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List:
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<b>Has your child had</b>
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Measles		Whooping Cough		Scarlet Fever	
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Mumps		Chicken Pox	
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<b>Meal Considerations:</b>
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Vegetarian		Vegan		Diabetic	
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<b>General Information</b>
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*Please give any information concerning your child which will be helpful for staff:*

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<b>Emergency Medical Treatment Authorization &amp; Registration Agreement</b>
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◆ As a parent or legal guardian of the following child: \_\_\_\_\_, I hereby authorize the Eugene Family YMCA, 2055 Patterson, Eugene OR, 97405, 686-9622, to seek dental, medical or surgical treatment for the above named child, when qualified staff deem necessary, if a parent or legal guardian cannot reasonably be located when the child is brought for treatment. In an emergency, the Eugene Family YMCA has my permission to call an ambulance or take my child to any available physician or hospital at my expense.

◆ I have read the parent handbook and I understand and will adhere to all YMCA policies. As a participant in programs at the Eugene Family YMCA I understand the following: my child will be taken on field trips or excursions by van, bus or private motor vehicle under proper supervision, my child may participate in swimming activities at the YMCA, my child may have sunscreen applied, and my child may be photographed and the photos may be used for publicity or news purposes for the YMCA.

<b>Signature</b>		<b>Date</b>	
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<b>EUGENE FAMILY YMCA</b>
<b>It's Where Your Family Belongs!</b>
2055 Patterson Eugene OR 97405 541-686-9622 www.eugeneymca.org



# CIT CONTRACT

## 2010 Summer Camp Contract

Name:	Phone:	Age:	Received On:
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Please indicate your top three choices for camps that you wish to work with for each week that you are available. If you do not have a preference of the camps you work with, please indicate that in the comment section below.

Session #	1				3		2
Session	Rainbows Age 2 1/2-4	Friends 4- Ent. K	Explorers Age 5-Ent. 1	Voyagers Ent.2-3	Discover/Sports Spectacular Ent. 1-3	Adventurers Ent. 4-5	Summer Extravaganza Ent. 4-8
#1: 6/21-25							
#2 6/28-7/2							
#3 7/5-9							
#4 7/12-16							
#5 7/19-23							
#6 7/26-7-30							
#7 8/2-6							
#8 8/9-13							
#9 8/16-20							
#10 8/23-27							
#11 8/30-9/2							

Comments, Concerns, or Requests

Over 16 only: Interested in Y-Quest?

- I understand that the YMCA reserves the right to switch me to different camps within the weeks I am available.
- If I cannot attend a camp session for any reason, I will notify the CIT Program Staff, or Summer Camp Director at least two weeks before the start of that session.
- I agree to pay the \$15 fee per week I choose to volunteer with the YMCA.
- I agree to attend all meetings with my camp directors, and CIT Prgram director
- I understand the YMCA reserves the right to terminate this agreement at any time. All CIT's work on a trial basis.
- Finally, I understand that the YMCA staff want me to have as much fun as possible while making sure the kids that I am responsible for are safe and having fun too!

CIT Signature	Date
Parent Signature	Date

## EUGENE FAMILY YMCA

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