



Eugene Family YMCA Child Development
MARCH 2010 After School Snack Menu

Crest, Edgewood, Fox Hollow, Fun Club, McCornack, Plum Tree, Spring Creek, YG/Corridor

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
String Cheese Ritz	Apple Slices Wheat Thins	Waffles Milk	Bananas Yogurt	Graham Crackers Applesauce
8	9	10	11	12
Carrot Sticks Ranch Dressing Wheat Thins	Mini Pretzels Oranges	Quesadilla Pizza ____Juice	Cheerios Milk	Pineapple Ritz Crackers
15	16	17	18	19
Tortilla Chips Salsa ____Juice	Fruit Kabob Saltine Crackers	Burritos or Cheese Wuesadillas Water	Cinnamon Toast Milk	Apple Slices Goldfish
22	23	24	25	26
29	30	31		
	Apple Slices Wheat Thins	Waffles Milk		
" This Institution is an equal opportunity provider."				



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1	2	3	4	5
Peaches Ritz Crackers	Bagels Cream Cheese ____Juice	Banana Smoothies Vanilla Wafers	Yogurt Cheerios Water	Donuts Milk
8	9	10	11	12
Tortilla Chips Salsa ____Juice	Fruit Kabob Saltine Crackers	Burritos or Cheese Wuesadillas Water	Cinnamon Toast Milk	Apple Slices Goldfish
15	16	17	18	19
Carrot Sticks Ranch Dressing Wheat Thins	Mini Pretzels Oranges	Quesadilla Pizza ____Juice	Cheerios Milk	Pineapple Ritz Crackers
22	23	24	25	26
29	30	31		
	Bagels Cream Cheese ____Juice	Banana Smoothies Vanilla Wafers		
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