



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BASKETBALL SCHEDULE

Fall 2011

September 6 - December 16

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Basketball							
5:30-1:00	Adult	Adult	Adult	Adult	Adult	6:00-8:00 Open	9:00-8:00 Open
1:00-3:00	Open	Open	Open	Open	Open		
3:00-5:30	Youth, High School & Family Basketball	Youth, High School & Family Basketball	Youth, High School & Family Basketball	Youth, High School & Family Basketball	Youth, High School & Family Basketball		Women's Bball League. 6/26-7/31 4:30 - close
5:30-10:00	Open	Open	Open	Open	Open		

Youth, HS and Family

Youth, high school and families welcome. If a family would like a hoop, either one full size or short hoop is given them. (Short hoops available for check out to adults, at Reception Center.) Families are encouraged to combine and use one hoop.

Youth Sports Leagues

For information on current leagues, camps and clinics, please see our website at www.eugeneymca.org or the flyers in our lobby.

Open

Free time. If there are enough people for a pick up game, they have priority for half the court. So, get your friends together, or make some new ones. and enjoy a few pick up games. Teams and players rotate after each game.



All of our schedules are on line. Please consider viewing them there.

Key for Basketball Schedule

N = North side of gym.
(Closest to the Health & Wellness Center.)

S = South side of gym.
(Closest to the Health & Wellness Center.)

Adult = 15 years and older



Eugene Family YMCA

2055 Patterson Street, Eugene OR 97405

P 541 686 9622 W eugeneymca.org



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RACQUETBALL / HANDBALL / SQUASH

Fall 2011

September 6 - December 16

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Racquetball						
6:00-7:00	Aikido Squash Court		Aikido Squash Court		Aikido Squash Court	8-9 Adult Aikido Squash Court
3:30-5:00	High School R.ball Team Courts #3,4	Youth, High School & Family R.ball Courts #4	High School R.ball Team Courts #3,4	Youth, High School & Family R.ball Courts #4	Youth, High School & Family R.ball Courts #4	9-10 Kid's Aikido Squash Court
3:30-6:30	Handball Challenge Courts # 1,2	Racquetball Challenge Courts # 1,2	Handball Challenge Courts # 1,2	Racquetball Challenge Courts # 1,2	Handball Challenge Courts # 1,2	
5:00-6:00		Kids Aikido Squash Court		Aikido Squash Court		
6:00-7:00		Adult Aikido Squash Court		Adult Aikido Squash Court		

Equipment

Racquets, balls and goggles can be checked out at the Reception Center Desk. Please, for your safety, we recommend eye guards.

Challenge Courts

This is a great opportunity to introduce players, of all skill levels, to each other. Come join us for a pick up game. Players rotate in after each game, so you will get a lot of games and have a lot of fun!

Kid's Aikido

(6-12 years) Learn coordination of mind and body; discipline, confidence and respect for others. Parents are welcome to participate. Drop-in's ok... come check it out. Courts are reserved 1/2 hour before and after for mat set up/take down.

Aikido

Build your poise, confidence, self-expression and leadership through a self-defense technique program. Courts are reserved 1/2 hour before and after for mat set up/take down.

Reservations

Members can make reservation up to one week in advance. Please just call or stop by the Reception Center to make sure you get a court.

Racquetball Team

High School Team. Please see Reception Center for more information.

Racquetball Lessons

New to the game or ready to take your game to the next level? Lessons are a great way to really get going in this lifetime sport. Lessons are available for youth and adults. We offer private, group or family lessons. Learn to play or improve your game. Register at the Reception Center .

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