

Eugene Family YMCA



Fall 2007

Court Report

News from Eric...

We have received some concerns about restricting juniors from the drop-ins and mixers, and I would like everyone to know that juniors will now be allowed to participate in most of our mixers and drop-ins...with conditions. Juniors need to be at an advanced level. This level player can play at the high school level. Juniors who participate in our mixers and drop-ins also need to strictly adhere to the codes of conduct of tennis which include: 1) No swearing or vulgar language including abusive, intimidating or distracting actions, movements and language (verbal or non-verbal). 2) Respecting other's space, time and differences. 3) Honesty in line calls. Everyone is expected to make immediate and accurate line calls, while clearly and honestly indicating the score when asked. 4) Integrity in effort: the code of tennis conduct clearly indicates that players are to always put forth their best effort. This is to be done regardless of the score! Think about that. I don't think the brilliance of this idea is immediately present. Good sportsmanship dictates that even when you are ahead in a match or game, both players should be playing to the best of their abilities.

Juniors will not be allowed to participate in Wednesday night "Match Makers" nor Sunday night "Mixed Doubles". There is an important program change that will start in September, and that is that "Mixed Doubles" will start at 4:30pm instead of 4pm. Junior lessons will begin the week of September 8th.

Don't forget that Saturday night lessons are for the whole family regardless of level of each participant, and that Family Fun and fitness on Sundays is also intended as a family event. Junior night drop-in is an exclusive junior event that is held every Friday and the last Friday of each month is pizza night with a \$5.00 fee to cover the cost of the pizza and pop.

The Sunriver Retreat will be September 19th-21st. We have information flyers in the tennis lobby. There is also a junior tennis tournament on the same date. October 10th-12th we are having an adult doubles tournament as well as an adult doubles tournament held December 5th-7th.

If anyone is passionate about the tennis program and thinks that they have energy, expertise, and time to contribute, we will be electing new advisory members to the tennis committee in November '08.

We are fortunate to live in a place where each season brings different delights, and one of my Fall favorite is the color variation in plant life. I hope everyone finds and enjoys the different spices Fall offers.

Upcoming Events...

11/5

U of O Exhibition

9/19-12

SunRiver Retreat

9/19-21

YMCA Grand Prix #4

10/5 - 7

YMCA adult NTRP
"No Doubles Troubles"

10/10-12

YMCA Adult NTRP
"Doubles Fall Classic"

Eugene Family YMCA
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**Eugene Family
YMCA**

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We build strong kids,
strong families,
strong communities.

Connie's Corner:

The Adult USTA League season is over with both the women's and men's 3.5 teams doing well at playoffs. Currently the senior (50+) and super senior (60+) leagues are forming for fall league play. Liz Kurtz is captain of the women's 3.0; Nancy Blickenstaff and Henriette Heiny each have a women's 3.5 team; Richard Clark has a men's 3.0, and Mike Sevart has a men's 3.5 team. Work is underway to create a men's 4.0 league. In addition, Diane Robison captains a women's 6.0 super senior team; Nancy Blickenstaff captains a women's 7.0 super senior; Bob Jellesed captains a men's 6.0, and Elwin Heiny has a men's 7.0. Along with the seniors and super senior leagues, there are also adult MIXED leagues. I believe there is only one 8.0 adult league captained by Joy Lum. If you are interested in any of these leagues, feel free to ask the captain or talk to Eric about playing on a league.

Jeff Kurtz's 7.0 mixed doubles league (Joel Cherrytree, Larry Walton, David Thomas, Roger Schaljo, Carlos Cabrera, Jeff Kurtz, Janice Auger, Nancy Blickenstaff, Eileen O'Neil, Setsuko Reed, Connie Clark, and Helen Walton) are heading for sectionals in Sunriver August 16-19. In the past they have been champions—so good luck to the 7.0 team.

Eric's Tip

Oooh nice shot! Ahhh that was a terrible shot. Ever wonder what a nice shot is comprised of? Take a moment and ponder your own definition of what you think a "good" shot is.

Ok, here goes a definition of a good shot that was introduced to me by a friend. He played on the tour and simply is a brilliant tennis player in everyway that I can think of. Once I started to think about what a good shot is using his definition, I started to win most of my matches. I am so pleased to share this with you.

My friend, Mike Tammen, told me that, "a good shot is any shot that you hit that your opponent does not hit for a winner". What??? You say... This is your tip? You ask. Yes, this is the tip that I cherish most, second only to smiling and perhaps tied with staying positive till the end of time.

What I like about this tip is that it tells me that as long as I am in the point and my opponent is unable to end it with a winner, then I am doing just fine. I don't have to hit winners to think of myself as hitting a "good" shot.

There are other subtleties. I need to learn how to neutralize an opponent if I want to embody the spirit of this definition. I also need to learn how to spar with an opponent and not want to always end things right away. Although, it sure is fun to try sometimes, I think learning how to temper myself is part of the hidden brilliance in my friends' thought of how to play tennis.

I hope people read this and realize that playing good tennis is not just hitting spectacular shots and that most of the time great tennis consists of finding ways to neutralize an opponent and picking on a person's weakness to the point that they are not able to produce a good shot of their own.

In the mean time, I will be practicing my arsenal of shots to minimize any damage you may try to inflict upon my good shot production.

Tennis Center Events...

- U OF O EXIBITON Wed Nov. 5th 7-9pm. U of O Women's team will demonstrate drills from 7-8pm and YMCA members can mix to play with the team from 8-9pm. **PLEASE NOTE DATE CHANGE!**
- Demo night is Tues Sept 16th 8-10pm
- Sunriver retreat is Sept 19th-21st
- YMCA Grand prix #4 Rookie tour Sept 19-21st
- Oct. 10th-12th YMCA Adult NTRP "Doubles Fall Classic"
- OCT. 5th-7th YMCA adult NTRP "No Doubles Troubles"

