UPDATED 12/21

HOLIDAYS

December 20 - January 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 **Pool** Regular schedule **Wellness Classes** 10am Hatha Yoga	**21** **Pool** **Rec. swim** Lap pool 1:30 to 3:00pm Instructional pool 1:30 to 8:45pm **Extra Lap Swim** 4:30 - 5:30 pm **Swim Club** 3:15 - 4:30 **Wellness Classes** **6:30am** Kundalini **9am** Pilates **5:35pm** Gentle Yoga **6:40pm** Hatha Yoga	**22** **Pool** **Rec. swim** Lap pool 1:30 to 3:00pm Instructional pool 1:30 to 8:45pm **Extra Lap Swim** 4:30 - 5:30 pm **Swim Club** 3:15 - 4:30 **Wellness Classes** **9am** Gentle Yoga **10:15am** Gentle Yoga **5:35** Kundalini	**23** **Pool** **Rec. swim** Lap pool 1:30 to 3:00pm Instructional pool 1:30 to 8:45pm **Extra Lap Swim** 4:30 - 5:30 pm **Swim Club** 3:15 - 4:30 **Wellness Classes** **6:30am** Kundalini	**24** **YMCA Closes at 2:00 p.m.**	**25** **YMCA Closed**	**26** No Wellness Classes **POOL CLOSED**
DECEMBER 21 - 26: BASKETBALL COURT & MOVEMENT CENTER CLOSED FOR FLOOR RESURFACING						
27 No Wellness Classes	**28** **Wellness Classes** **6:30am** Kundalini **8am** Tai Chi **9am** Step & Sculpt **10:30am** Low Impact **12pm** Strong & Bal. **4:15pm** Abs **4:30pm** Body Sculpt **5:35pm** Aerobics Mix **5:35pm** Gentle Yoga **6:40pm** Hatha Yoga	**29** **Wellness Classes** **8am** Tai Chi **9am** Nia **9am** Gentle Yoga **10:15am** Gentle Yoga **10:30am** Strength & Stretch **5:35pm** Kundalini **5:35pm** Zumba **6:40pm** Hatha Yoga	**30** **Wellness Classes** **6:30am** Kundalini **8am** Tai Chi **9pm** Step **10:30am** Low Impact **12pm** Strong & Bal. **4:15pm** Abs **4:30pm** Body Sculpt **5:35pm** Aerobics Mix **5:35pm** Gentle Yoga **6:40pm** Hatha Yoga	**31** **Wellness Classes** **9am** Gentle Yoga **9am** Step **10:30am** Strength & Stretch **YMCA Closes at 2:00 p.m.**	**1** **YMCA Closed**	**2** **Wellness Classes** **10am** Vinyasa
DECEMBER 26 - JANUARY 3: AQUATICS CENTER CLOSED FOR "HOLIDAY CLEANING"						
3 **Wellness Classes** **10am** Hatha Yoga **POOL CLOSED**	**4** **Winter Schedules Begin** **Added Rec. Swim** Lap Pool 1:30 to 3:00pm Instructional Pool 1:30 to 5:00pm	Swim Lessons and Tennis Lessons Start Monday, January 11th Register Today!				

Tennis Lessons and **Swim Lessons** will take a break during the holiday break.
Winter Break Camp: (K-5th grade care) Dec. 21, 22, 23, 24 ('til noon), 28, 29, 30 and 31 ('til noon).
No Child Development programs on Monday 1/4. (Except Playcare)
Playcare hours: Closed 12/24, 25, 26, 31, 1/1 and 1/2. All other days are regular hours
Tennis: All drop-in Tennis programs and Mixers will take place, except Jr. Drop-in.

EUGENE FAMILY YMCA

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We build strong kids, strong families, strong communities.