



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FULL CIRCLE FUN

HEALTH & WELLNESS  
Hoop Dance Classes



**Beginning Hoop** will take you through a thorough breakdown of three hooping techniques and fun dance inspired hoop moves all paced for the beginner. Yes, you can do this!

**Tuesday classes:**

February 21<sup>st</sup>, 28<sup>th</sup>, March 6<sup>th</sup> and 18<sup>th</sup>  
7:00-8:00pm

**Saturday classes:**

Feb. 18<sup>th</sup>, 25<sup>th</sup>, March 3<sup>rd</sup>, and 13<sup>th</sup>  
11:45am-12:45pm

**Cost: 4 class session**

\$40/ session for Members

\$48/ session for Potential Members

Space is limited, so make sure to sign-up in advance.  
Hoops will be provided. 15 years and older, please.

**EUGENE FAMILY YMCA**

2055 Patterson Street, Eugene OR 97405

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**Classes  
starting soon.**

Let your  
inner kid  
out to play!