

Winter “Quick” Rules

General Information:

Basketball Size: 2nd / 3rd grade – Junior (27 inch)
4th / 5th grade – Intermediate (28.5 inch)
6th grade Girls – Intermediate (28.5 inch)
6th grade Boys – Official Full (30 inch)

Free Throws: 2nd/3rd grade – 10 feet (5 ft in front of line)
4th/5th grade – 12 feet (3 ft in front of line)
6th grade Boys & Girls – 15 feet (standard)

Grade Specific Information:

2nd / 3rd Grade: 10 minute **quarters** with running clock.
No fouls or score kept.
No time limit in the Key.
No zone defense – man-to-man within 3/4ft!
No double teaming allowed.
No back-court guarding.
No over and back violation enforced.

4th / 5th Grade: 20 minute **halves** with running clock.
Score / Fouls are kept.
5 second time limit in the Key.
No zone defense – man-to-man within 3/4ft!
No back-court guarding.
Over and back is enforced.
No 3 pointers awarded –only 2 points given.

6th Grade: All high school rules are in effect.

****Players may not enter the key until the ball touches the rim on all free throw attempts for all age groups.****